

CERTIFICATE

OF PARTICIPATION

This is to certify that

wesley Herrington

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:12:38

PACE 09:03/km

OVERALL 31 of 166

GENDER 24 of 78

40 - 49 6 of 21

23 June 2019, Sun

Date



BoutTime

Signature